Volume 8, Issue 16 | www.c-a-tribes.org/tribal-news | June 15, 2013

Cheyenne and Arapaho artist wins best in show at Red Earth festival

By Karen Klinka

A colorfully beaded handmade Indian doll, created by Cheyenne-Arapaho artist Laketa Pratt of Oklahoma City, received the Grand Award for best of show Friday at the 27th annual Red Earth festival's juried art competition.

"I'm so surprised! I want to hug everybody," Pratt said as she arranged the large purple grand prize rosette in her booth at the Cox Convention Center. "I can't believe it. This is just my second year to enter."

"Miss Powwow Nation" priced at $950, was inspired by Pratt's own stint as a 1978 tribal princess.

Pratt, who works full-time in the social services department of the Cheyenne and Arapaho tribes of Oklahoma, said making the intricately costumed dolls is her "side gig," something she does after work to relax.

"Miss Powwow" was made using wool trade cloth, human hair that was braided and woven into a wig and jewelry, breastplate, belt, purse and moccasins decorated with tiny Czech colored glass beads, brass beads and porcupine quills.

Pratt credits her grandmother's encouragement with her trying her hand at making beaded dance outfits for her daughter and then creating the beaded Indian dolls.

"She was always making things and encouraging me to do things."

In addition to the Grand Award, which includes $1,500 in cash, Pratt also received a second prize ribbon and $300 in the Cultural Items, Diversified category for "Proud Parents," a pair of Indian dolls in traditional Southern Cheyenne beaded buckskin outfits. Pratt said she made the twosome to go with the powwow doll.

"I sort of thought she needed some parents with her," Pratt said. "They were kind of a last-minute thing."

Photo by Aliki Dyer

Laketa Pratt adjusts the headpiece on her award winning doll at the Red Earth festival in Oklahoma City.

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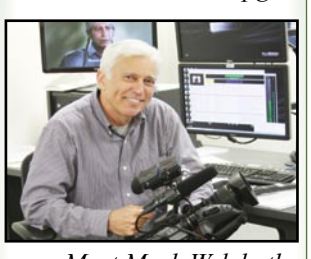

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Remembering those who fought and died for freedom

Submitted article

On May 25, 2013 the American Legion Post 401 held a Memorial Day service at the Veteran's Wall in Concho, Okla.

Harvey Pratt, Cheyenne Chief and veteran was the guest speaker.

He told how Native Americans were hundreds of years ahead of the U.S. military in understanding the mental effects on those who returned home after war. He said warriors returning from battle were not allowed to come back in the village until they were cleansed because, "they didn't want you back with that warrior attitude."

Submitted photo

Veterans Harvey Pratt and Moses Starr stand during the gun salute and playing of taps during the Memorial Service in Concho, Okla.

Pratt said the military has just recently begun to understand how emotionally difficult it can be for some servicemen to return home after being deployed into war zones.

"When I came home from Vietnam no one greeted me … you didn't talk about Vietnam. If you go back in time, you will see that Native Americans knew how to treat their warriors," Pratt told guests at the Memorial service.

Don Hutchinson, a Korean War veteran from Thomas Okla., received a gift from the Cheyenne and Arapaho Color Guard. Hutchinson has been buying fuel, food and drinks for the color guard for several years.

"This is such a kind gesture towards the color guard who travels to 14 tribal and public cemeteries to pay tribute to our tribal veterans," Carolyn Fletcher, American Legion Post 401 Commander said.

The color guard goes to Concho, Colony, Clinton, Hammon, Seiling, Canton, Watonga, Geary, Greenfield and Kingfisher, Okla., cemeteries each year to pay tribute to Veterans. They pray for everyone and then provide the gun salute and taps. Along with the Hart family of Hammon, Okla., the American Legion Post 401 placed flags on all of the Veteran's graves.

Moses Starr provided traditional songs at the event.

The American Legion Post 401 would like to thank the color guard, Don, the Hart family, Harvey Pratt, Moses Starr and guests who were in the cemeteries for the gun salute and taps.

Tornado damage at the El Reno Indian Health Center

Submitted article

On May 31, 2013, the El Reno Indian Health Center suffered severe tornado damage. Since that time, the center has remained closed due to significant damages to the roof and subsequent water damage to most parts of the facility.

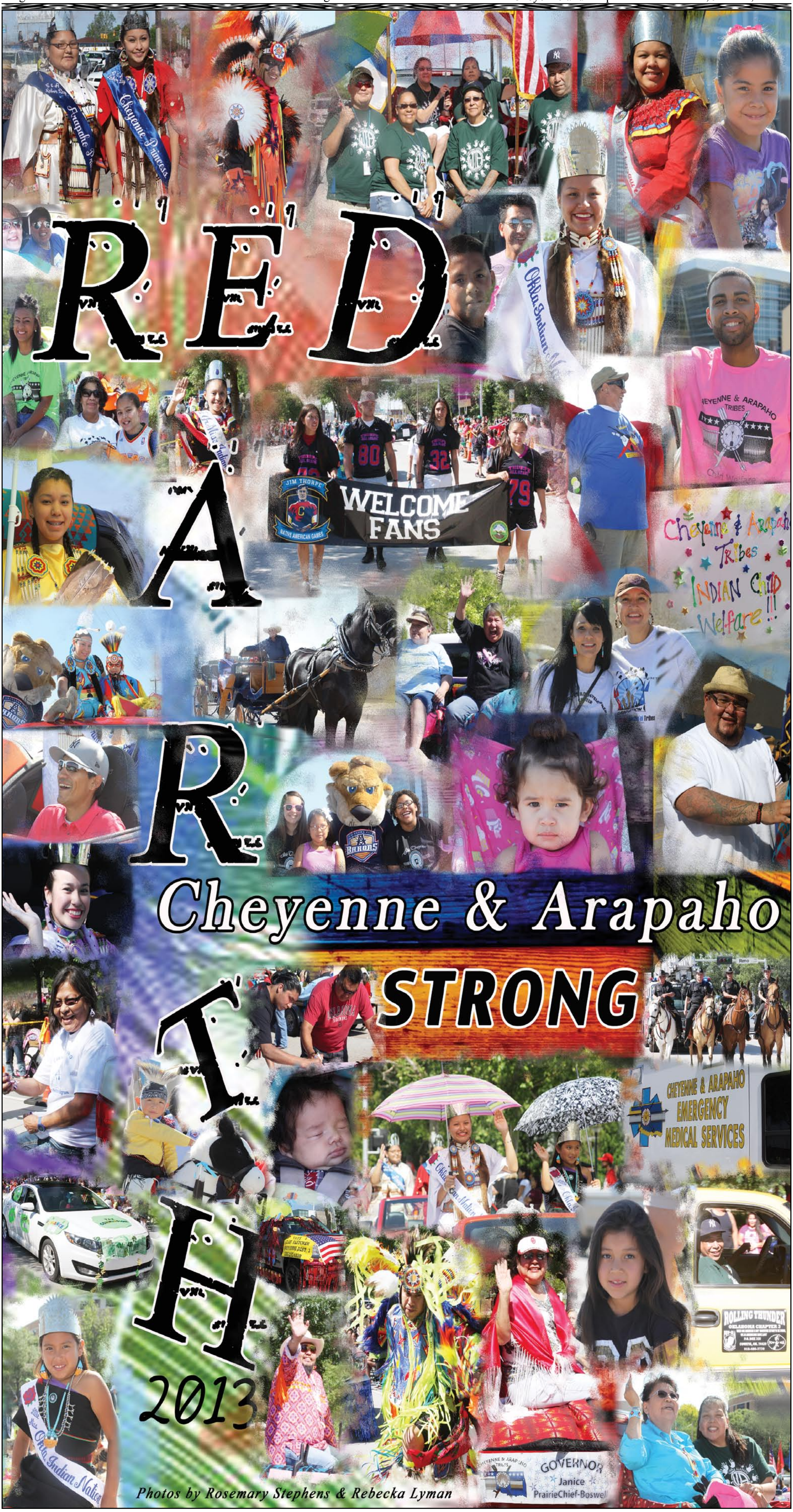
Facility staff and senior leadership of the Oklahoma City Area Office of the Indian Health Service (IHS) have been working diligently to assess the damages to the facility and its contents. A secure location has been set up for all facility content.

Clean up and moving efforts have been made more difficult by continued rain storms over the past few days.

To ensure the safety of the patients, requests have been made that patients do not come to the El Reno Indian Health Center until it is safe to do so.

Efforts are being made to mitigate the impact of this closure on the almost 6500 patients who receive their care at this facility. During this time, both the Clinton Indian Health Center and the Watonga Indian Health

*See **El Reno Indian Clinic,** page 6*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Photos by Rosemary Stephens & Rebecka Lyman

Meet Mark Welch, the man behind the camera

By Rebecka Lyman Reporter/Ad Sales

Mark Welch, new team member of the Cheyenne and Arapaho tribes' CATV-47 television station will serve as the station's producer, videographer, and editor. His service consists of development of programming and on-air content as it relates to the cultural and educational needs of tribal members.

In his 40 year career, he has provided media services for various organizations, utilizing online audio and video content delivery. Welch has shot relief efforts in many locations worldwide including Israel, Siberia, Ethiopia, the Former Soviet Union and India. He has also produced and directed all video segments and programs used on the International Pentecostal Holiness Church Website and for DVD distribution throughout the U.S., which took him to places like Indonesia after the tsunami, Venezuela, Ecuador and Guyana.

He has filmed for numerous overseas assignments in over 20 countries including many in Africa, Haiti, Turkey and the Balkans. He has produced segments filmed in studio for organizations on-air promotions along with writing and producing segments for corporate donors.

He is the son of a radio announcer engineer and grew up in a broadcast family.

"My father, Guy Welch was on the radio and then he later went on television, when television went on the air in the California Bay area, so I kind of grew up in the broadcasting industry."

What is your biggest accomplishment in your career?

Filming overseas, filming relief and development projects, it would be hard to define one of my biggest accomplishments.

What do you find a challenge in your line of work?

At this point the challenge is to craft stories for presentation on the air for the tribes by myself. I have a background of producing with a team of people and having a separate producer, separate editor, videographer and a whole content of people all over the place. But here the challenge is to serve as a one-man band, which I fully embrace. I am just going to dive in, I have been able to develop my craft in different areas and bring all that together all at once. I can draw from all of my experiences, just go and do it.

What has been the most memorable moment you have viewed through your camera?

There are different types of events that have moved me. There are fulfilling events and distressing events. Probably the most distressing was when I filmed the aftermath of tsunami in Banda Aceh in Indonesia. The death and destruction was pretty intense. I have visited and filmed other disasters through out the years, but that was the largest magnitude I have ever witnessed. Seeing the families that had lost everything and the deceased children was pretty distressing.

One of the most enjoyable things I have ever been a part of was to film and accompany a group of American High School and Russian students to a summit they held in Helsinki, Finland. It was a peace summit and the students were putting out a peace agreement between the United States and Russia on a student level. The students took the agreement, the document to which they came up with after three days of hammering out the peace agreement to take it to Kremlin to Mikhail Gorbachev. Then we got on a plane to Washington D.C. and presented the same peace agreement to our then President, Ronald Reagan. I was filming a documentary for KTVU in Oakland, Calif.

When did you move to Oklahoma and what brought you here?

In 1990 I came to Oklahoma as a result of being hired by the Feed the Children organization. I wanted to take my skills attained in the commercial broadcast world and do something more beneficial. I wanted to become more affiliated with cause related organizations.

What is the best career advice you have ever received?

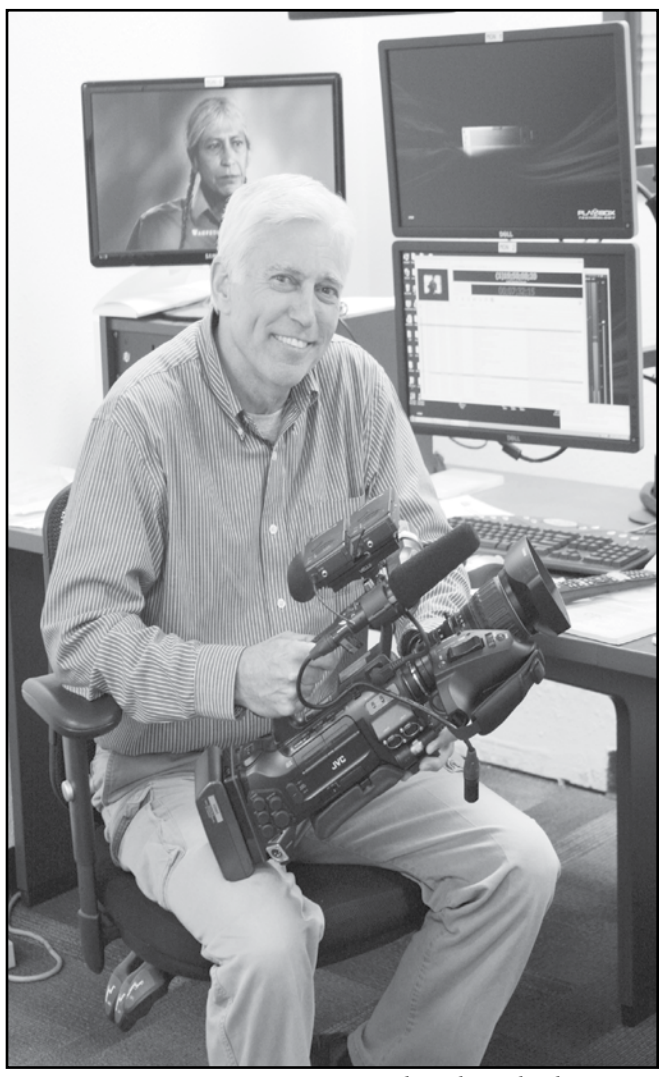

Photo by Rebecka Lyman

Mark Welch, Cheyenne and Arapaho tribes' CATV-47 television producer, videographer and editor.

The best career advice I believe I ever received was, don't beat yourself up trying to please everyone. Follow your heart, do your best and satisfy your own aesthetic standards.

How do you balance the demands of being a producer, videographer, editor and a family man?

I balance my work and family life by leaving my work and concerns of the day as I enter the door of my house. I leave worry behind at work although I do observe great camera and editing work while watching programming on PBS. I make mental notes but try not to bother my family with those details as we try to watch a program together.

After years of working overseas what made you decide to work only in the United States?

In the past 25 years I have had a few close calls with death in war zone areas. In 2008 was when I decided to stick closer to home. I was in Sderot, which is an Israeli village close to the Gaza strip. Rockets were being sent in sporadically, pretty much on a daily basis. We wanted to film the story, then a rocket came down about a hundred yards from where we were just getting out of our van. I thought to myself there are more interesting things I can do closer to home and it was time to hang up my passport.

Honors and Awards:
San Francisco Emmy, Oklahoma City Addy, Telly Award, Chicago International Television Festival
Hobbies:
Avid sailor
Education:
San Francisco State University, Broadcast Communication Arts
His biggest supporters are his wife Claudia to whom he has been married to for 35 years and his daughter who is pregnant with twins.

IMPORTANT PER CAPITA NOTICE

The DEADLINE for accepting Adult Change of Address Forms & Completed IRS W-9 Forms for the 2013 August Per Cap payments is JULY 1, 2013.

Individuals must be 18 years of age by JULY 1, 2013 to be eligible for the 2013 August Per Cap.

All Adult Change of Address & IRS W-9 Forms must be postmarked or submitted to the Cheyenne and Arapaho Tribes Department of Enrollment by close of business July 1, 2013.

The Dept. of Enrollment is located in the Concho Tribal Administration Building or at P.O. Box 134, Concho, OK 73022.

Any questions, please contact the Dept. of Enrollment at (405) 422-7600 or (800) 247-4612, Ext. 27600.

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Online gaming hot topic at symposium

By Lenzy Krehbiel-Burton, Native American Times

OKLAHOMA CITY – With online gaming expansion looming on the horizon, attorneys and tribal gaming commissioners are trying to figure out how to make iGaming work for Indian Country.

"How am I going to make sure that this is legal and benefits the people it's supposed to benefit?" Cherokee Nation gaming commissioner Jamie Hummingbird asked at the 26th annual Sovereignty Symposium. "It's challenging enough when it's just in one state. If we branch out into a multi-state or international game situation, it becomes even more complex."

Under the Indian Gaming Regulatory Act, Class II and III gaming is currently only allowed on Indian lands, leading some to question where exactly Internet gaming takes place.

"Tribes are shackled by the definition of 'Indian lands' in the Indian Gaming Regulatory Act," Tulsa, Okla., attorney Michael McBride said. "Where does the gaming occur? On the server? Where the bet is placed? Where the bet is taken?"

Currently, only three states, Delaware, Nevada and New Jersey, allow for Internet gaming servers to operate within their borders. More than 70 countries allow for online gaming servers, including the United Kingdom, France and Spain.

Earlier this year, the state of Oklahoma and Janice Prairie Chief- Boswell's administration of the Cheyenne and Arapaho tribes signed a settlement agreement after the Concho, Okla.-based tribe attempted to launch an online poker site that featured Class II gaming, citing their compact's inclusion of electronic games and non-house-banked card games. Signed in 2005, the compact does not explicitly refer to online gaming.

"Our position all along was that this was legal the entire time under the compact because it has an electronic component," Cheyenne and

*See **Symposium**, page 5*

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P. O. Box 38, Concho, OK 73022 Fax: (405) 262-6051

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Every Child Left Behind, sequester guts Indian education

By Tanya Lee

Cuts to federal funding for tribal colleges and universities due to the sequester mean fewer classes and increased teaching loads to the people charged with fulfilling the mission and promise of these schools.

"Tribal colleges play a key role in tribal nation-building efforts. We strive to build tribal nations by building people. It's not just about funding, tribal colleges are deeply connected to tribal communities and tribal nations. These cuts reflect on the promise of the government to partner with these colleges to provide education to American Indians," Northwest Indian College President, Justin Guillory said.

Diné College President, Maggie George concurs,"For many people, this is the only opportunity they have for higher education … we're the only game in town."

Established in 1968, Diné College was the first tribally controlled community college in the U.S. The college serves 2,500 students at eight sites in Arizona and New Mexico. Its core operations are funded through Title II of the Tribally Controlled College or University (TCU) Assistance Act of 1978.

Title I of that act provides funding for other eligible TCUs through a formula based on the number of Indian students enrolled, the "Indian student count" or ISC. Title III of the act provides matching funds for endowment grants. Other federal sources of funding include authorizations for facilities renovation and technical assistance and Title III of the Higher Education Act. A major source is competitive grants offered by federal agencies such as NASA, the National Science Foundation, the National Endowment for the Humanities, the Fish and Wildlife Service and the Department of Agriculture, to name just a few. Private funding from philanthropic and corporate organizations also plays a part. States are not required to fund tribal colleges and usually do not, but that is changing in some places.

Funding for tribal colleges is complex and differs from school to school, but in general TCU funding relies heavily on the federal government and all of that funding is being reduced by the sequester.

"We're already operating on limited funds," George said. "We're creative in what we do and make our dollars stretch. But these cuts will require a big stretch."

Fort Peck Community College in Roosevelt, MT gets 90 percent of its $1 million operating budget from federal sources and could end up losing more than 10 percent of that, according to the college's grants manager, Mark Sansaver.

A similar situation exists at Northwest Indian College in Bellingham, Wash., where $900,000 will likely be cut from the college's $8 million budget, a loss of more than 11 percent. Other TCUs face cuts in the five-percent to six-percent range.

Northwest Indian College has taken to heart the maxim, "Never let a good crisis go to waste," Guillory said, quoting Chicago Mayor and former White House Chief of Staff, Rahm Emanuel, quoting former British Prime Minister, Winston Churchill. Emanuel added, "And what I mean by that, it's an opportunity to do things you think you could not do before."

"This is an opportunity to refocus on our mission and our priorities. The highest is students' success and being a place for Native American students to reach their educational dreams," Guillory said.

President David Yarlott of Little Big Horn College in Crow Agency, MT has the same approach, "We're looking for ways to minimize the impact. Our priority is students. We're working out what is necessary versus what is non-essential."

Enrollment, however, is not up for discussion, say several college officials, including Laurel Vermillion, president of Sitting Bull College in Fort Yates, N.D. There will be "no cuts in enrollment," he declared. "We want to expand ... we are working on a firefighter program and developing a certificate for that, as well as a program on oil drilling. These are courses we will offer to students in an effort to increase enrollment."

At Sitting Bull College, a 5.3 percent cut will reduce this year's budget by $250,000.

"We're looking at how we will make that up. The director of our research development office resigned two months ago. We haven't filled that position, and will not fill it. Those responsibilities will fall on me, and my assistant. We'll also cut down on adjunct people and ask faculty to teach more."

United Tribes Technical College in Bismarck, N.D., with an enrollment of 1,300, is taking a similar approach as it faces cuts totaling 5.2 percent this year, said President David M. Gipp.

"We've held back on spending for supplies and equipment and have not been filling open positions. We need to try to keep in place campus security, transportation, classrooms and teachers and to assure students continue to be funded through their Pell grants, scholarships and longer-term loans," Gipp said.

Gipp noted that funding for the campus clinic, ran by the Indian Health Service, will be cut 9.2 percent, "We'll see an increase in health disparities because of that."

The state of North Dakota, however, has offered to help.

"The state has passed legislation that will offer each of the five tribal colleges (UTTC, Spirit Lake, Fort Berthold, Standing River and Turtle Mountain) a million each, over two years, in workforce training funds. This is the first time the state has provided this to tribal institutions," Gipp said.

Little Big Horn College, which has an enrollment of 350 this year, will lose at least $350,000 in federal funds. They are looking at four-day work weeks from June through August.

"At least that will cut down on utility costs," Yarlott said. "And we're asking our operational staff, and general fund employees to take 80 hours off work without pay this summer."

George says Diné College's total budget will be cut 5.5 percent. The college, which relies on the federal government for 85 percent of its funding, grants mostly two-year associate's degrees and sends students on to four-year institutions. It has one baccalaureate degree program and was looking into a second, "but that will be put on hold," he said.

Guillory worries that the cuts will force Northwest Indian College to charge more than some students can afford at the only accredited tribal college in Washington, Oregon and Idaho.

"We're thinking about cutting travel and supplies and increasing tuition and fees. I'm worried about pricing out our students. With tuition and fee increases, the question of access becomes a key concern. We're also considering how much we can afford to pay for health insurance for the families of our employees. We wanted to increase faculty salaries to an equitable level, but now we can't. We'll do what we can to save jobs, though," Guillory said.

Sansaver said Fort Peck Community College is looking at building overheads, payroll and how many courses it can offer, "It's hard enough to attract quality staff. With these cuts, instructors could have four or five courses instead of two or three. If the cuts continue, we'll eventually have to lay some people off and eliminate positions. It's very difficult when you have to do that because it affects people's emotions and livelihoods."

The future is equally uncertain for other TCUs.

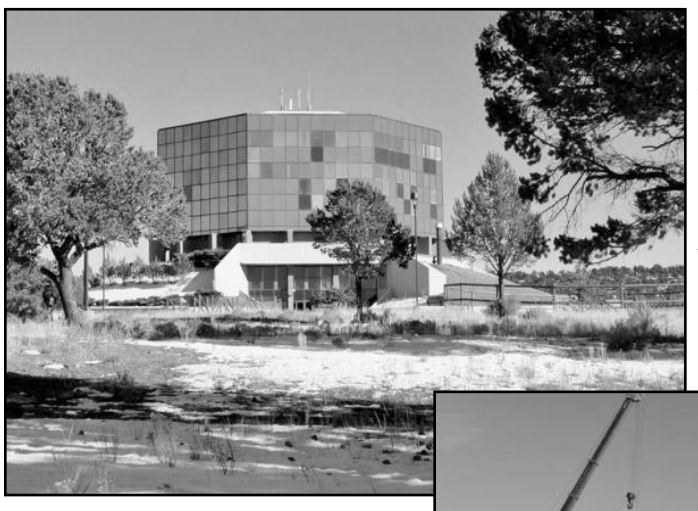
"Is it going to get better?" Vermillion asked. "It worries me as president that we don't know what's going to happen. If the sequester continues, the cuts will be bigger. Will we have to close our doors?"

Gipp said he didn't know if they could handle another 5.2 percent sequestor, "Our fear is for the future. I'm very concerned about what Congress and the president will do. We're being as optimistic as we can be."

Optimism remains the keynote at several TCUs.

"We are passionate about what we do and will continue," George said.

Three Affiliated Tribes of Ft. Berthold Chairman, Tex Hall is on UTTC's board of directors. Speaking at a scholarship fundraising event, Hall said, "Sequestration is a dumb way of doing budgeting. There really needs to be a strategic approach on this. There really needs to be some commitment from Congress and the administration. The president clearly has a huge role here. He has to step in and do what's necessary."



Left: Established in 1968 on the Navajo Nation, Diné College was the first tribally controlled community college in the U.S. The college serves 2,500 students at eight sites in Arizona and New Mexico. This building is located in Tsaile, Ariz.

Courtesy photos

Fort Peck Community College's new Library, Information Technology Center and Tribal Archive Depository will cost $8 million when it is completed. Sequestration and funding cuts have left the college paying for the facility out of general funds and loans.

Working together to combat underage drinking

By John Blackowl

Indian Alcohol Substance Abuse Project's (IASAP) vision is to empower the Cheyenne and Arapaho communities to become drug and alcohol free, spiritually strong, and live healthy lifestyles.

Our mission is to collaborate with other agencies to reduce alcohol and drug use and to promote public awareness, education, and programs that enhance healthy lifestyles.

Alcohol and substance use, abuse and dependency negatively impacts families who reside within the Cheyenne and Arapaho tribal communities. Alcohol and substance abuse leads to poverty, emotional neglect, spiritual loss, educational failure, decline in health and nutrition, increased incarceration, lack of cultural identity and lack of healthy role models.

According to the Surgeon General Website, underage drinking is a public health and safety problem that results in serious personal, social, and economic consequences for adolescents, their families, communities, and the Nation as a whole. Your involvement can make a difference.

To read the entire Surgeon General's *Call to Action To Prevent and Reduce Underage Drinking*, visit www.surgeongeneral.com

For more information about ways you can help to prevent and reduce underage drinking in your community, please visit www.stopalcoholabuse.gov, a comprehensive portal of federal resources for information on underage drinking and ideas for combating the problem.

Another excellent source of information is the Website of the National Institute on Alcohol-Abuse and Alcoholism, www.niaaa.hih.gov.

General information about underage drinking, its effects on adolescents, families, and communities, and what you can do to help stop underage drinking is available through the National Clearinghouse on Alcohol and Drug information (NCADI) at www.ncadi.samsha.gov or by calling (800) 729-6686.

What educators can do about underage alcohol use?

Although underage drinking is widespread, underage alcohol use is not inevitable.

Schools and teachers have a significant impact on an adolescent's life. The climate and cohesiveness of a school can play an important role in the development of an adolescent's self-identity. Schools and teachers can help change attitudes about teen drinking and help replace environments that enable underage alcohol use with environments that discourage it.

Encourage student involvement in school, a factor in reducing underage alcohol use. Create an environment that helps students explore their talents and follow their passions.

They can provide students opportunities for validation and belonging. Increase positive outcomes for adolescents by being a mentor, a valued teacher, or other caring adult.

Provide information to parents on the consequences of underage alcohol use, school policies and practices on alcohol use, and local sources for more information.

Recognize that significant social transitions (such as graduating to middle or high school or getting a driver's license) are accompanied by increased responsibility, freedom, social pressure, and/or more demanding academic requirements. All of which may increase the likelihood of alcohol use. At such times, teachers and staff can be particularly alert and supportive.

Consider making a special effort to connect students with an adult who can serve as a mentor and confidant. Recognize that children who mature earlier or later than the majority of their peers may be at increased risk. Provide and promote multiple venues where adolescents can get together with their friends. Decrease the risk of adolescent alcohol use and the associated negative consequences.

Discourage violation of alcohol rules by consistently enforcing them. Provide students with the developmentally appropriate knowledge, skills, and motivation to resist peers and other pressures to drink. Identify students using alcohol and implement appropriate interventions. Ensure that school nurses are trained to recognize alcohol-related problems, to intervene appropriately when problems are found, and to be familiar with the referral network.

Work with the community to ensure that the necessary infrastructure is in place so students in need of services and treatment can be referred to appropriate personnel or health care providers. Establish and enforce strict policies against alcohol use on school property and at school events.

Only sponsor interventions that research has confirmed are effective in preventing and reducing underage alcohol use.

Working with others, teachers can be a positive force in a student's life, and that can help prevent underage drinking.

Teachers also need the help and support of parents and communities. Schools can work with others to ensure that families, school colleagues, and communities support and reward an adolescent's decision not to drink. Protective rules around adolescent alcohol use are in place, penalties for violations are well known, and enforcement is sure and uniform. All laws related to underage alcohol use are regularly publicized and well enforced. Parties and other social events do not allow underage drinking.

The IASAP will be closing out the series of articles pertaining to underage drinking.

For more information call IASAP (405) 422-7659 or (405) 201-3609.

Symposium

continued from page 3

Arapaho attorney Richard Grellner said. "The Wire Act says it is Class II, so it wouldn't automatically be under the compact."

The Wire Act is a federal law enacted in 1961 prohibiting the operation of certain types of betting businesses in the United States. The intention of the Act was to assist states in enforcing their respective laws on gambling and bookmaking and to curtail organized gambling activities. Under the terms of the tribes' agreement, access to the site was shut down domestically, but is slated to be available internationally later this year. Had the tribe not agreed to take the site down, the state of Oklahoma would have pursed enforcement action, including financial penalties.

"If Internet gaming is lawful in Oklahoma, as a matter of law, prior to the execution of the settlement agreement, why was the settlement agreement necessary?" attorney Dean Luthey asked. "If Internet gaming was unlawful as a matter of (state) law prior to the settlement agreement, can the settlement agreement cure that illegality?"

State officials have maintained that the online gaming ban applies to all Oklahoma tribes.

The two-day symposium was held at the Skirvin Hilton Hotel in Oklahoma City and hosted by the Oklahoma Supreme Court; the Indian law section of the Oklahoma Bar Association; and the law schools at the University of Oklahoma, University of Tulsa and Oklahoma City University.

The event averages about 600 attendees annually, making it one of the country's largest Indian law meetings.

The Sovereignty Symposium was established to provide a forum in which ideas concerning common legal issues, including tribal law can be exchanged in a scholarly, non-adversarial environment. In addition to the discussion over the impact of online gaming on Indian Country, attendees were offered panels on the Indian Child Welfare Act, cross-deputization, economic development, and the Tribal Law and Order Act.

With a theme of "A Fair and Impartial Judiciary," Symposium headliners included U.S. Rep Tom Cole (R-Okla.), former U.S. Supreme Court justice Sandra Day O'Connor and former University of Oklahoma football coach Barry Switzer, a former member of the Oklahoma Judicial Nominating Commission.

Love of comics evolves into life long career

By Bret Moss, Choctaw Nation of Oklahoma

J. Dylan Cavin, a comic book kid from Chickasha, Okla., has accomplished a goal many only contemplate. He has turned what he loves into his career, producing impressive results along the way.

Cavin is a multi-talented artist, able not only to put paint to canvas, but pixel to screen, shape to mold, and even ink to skin. His work has been featured on everything from personal effects to commercial placement. His designs can be seen advertising Oklahoma City's 2013 Red Earth Festival on billboards, benches, bus stops and T-shirts.

Cavin and his talents will also be showcased at this year's Choctaw Days at the Smithsonian's National Museum of the American Indian in Washington, D.C., June 21 and 22, 2013.

No stranger to event exhibits, Cavin has also been featured at Choctaw events such as Choctaw Day in Oklahoma City in 2012. His artwork also hangs among other notable pieces inside the tribal headquarters in Durant, Okla.

Immersion in the universe of art came early for Cavin, winning his first contest in middle school and having his picture in the paper for his drawing of the Statute of Liberty. He was drawn further into the realm of art when he was introduced to comics at the age of 10.

"I became completely swallowed up by them," Cavin said.

Cavin reminisces of times when he and his buddy would make high contrast photocopies of comics and color them in with markers. These actions inevitably led to completely redrawing images and eventually art classes to hone his newly discovered skills.

As he made his way through Noble School, Cavin was fortunate to have the support of his instructors.

"I had a couple of really great art teachers in high school that saw something in me," Cavin said. "I certainly never felt like I was the most talented in the class but I was always attentive and a good student willing to learn."

When graduation neared, a decision was made to continue his exploration of art in college. He earned an art talent scholarship with his artistic abilities, which led him to the University of Science and Arts of Oklahoma in Chickasha, where he graduated with a Bachelor of Fine Arts degree in 2000. This would allow him to find a career in the field of graphic design.

"I feel like I got a very well-rounded education," Cavin said as he spoke of his opportunity to experiment with many forms of art before deciding on graphic design as his major. "I had a really great core group of professors that helped me along the way."

Cavin said that his professors were focused on hands-on education, an aspect that Cavin believes is necessary for a student of art to flourish.

Professor Kent Lamar, who taught figure drawing and sculpture, stands out as one of the most influential of his collegiate career.

"His figure drawing classes really helped me develop a style that I felt was my own. His encouragement was what really got me through a lot of those higher level college courses, when I think a lot of students start to second guess their majors," he said.

Upon graduating, Cavin began working for a company where he did full services design for products. He would draw the concept art, digitize and color it for the printer, and then do the packaging and catalog artwork for the final physical copy. Though he felt this was a rewarding job, he would have anywhere from five to ten of these projects occurring simultaneously, which became stressful.

Becoming burnt out with his current occupation, Cavin decided to join the Army. He was honorably discharged shortly after enlistment due to fracturing his femur. After his discharge, he had some time to explore creative aspects past graphic design.

"It was the first time in awhile where my time was really my own," Cavin said.

He began to take pictures, invested time in watercolor and even learned the art of tattooing.

"I really love the looseness of watercolor and the expression you can achieve with just the right single brushstroke,."

Friends who own galleries took notice and invited him to display his work. The positive reception he received boosted his confidence and led him further into the mediums of watercolor and portraits.

"I had never thought doing that would get me anywhere. I'm still amazed and honored when people purchase a work from me," said Cavin.

Currently, Cavin shows at a gallery in Norman, Okla., called Tribes 131, where he feels fortunate to display his work along with artists with which he is proud to associate himself.

Among his abundance of artistic creations, there is one he holds in high esteem. It is a portrait of C.A. Burris (aka Ahshawlatab).

"I love it because, in my eyes, I nailed the style of my favorite comic book artist," exclaimed Cavin.

Along with this item, his portfolio also boasts an array of award-winning pieces. His accolades include the Heritage Award in 2010, Best in Show at the 2012 Annual Choctaw Art Show and First Place in the Graphics Category at the 2012 Red Earth Festival. His works have also been on the cover of the Oklahoma Today Magazine.

Legacy has been heavily used to advertise Oklahoma City's 2013 Annual Red Earth Festival.

To accredit his artistic talents further, additional honors consist of first place in the Graphics Category at the 2012 SEASAM (Southeastern Art Show And Market), featured in the 2013 Native American Art Calendar, and participation in the Smithsonian's National Museum of the American Indian 2012 Art Market in New York.

Cavin now spends much time in the studio, creating, learning and expanding his artistic prowess. When he is not in the studio, he is with his wife, Lindsay, or reading comic books, the medium that sparked his interest in art many years ago. He is an avid collector of comic books and comic art to this day.

"I haven't found a way yet, but if I could trade my art for comic books and comic art I would," he said.

With plans to grow his capabilities, Cavin is grateful for the success he has seen thus far. His art reflects heavily on his Native heritage, and he plans to dive deeper into that characteristic of art.

"I always feel like I need to push myself harder, learn more not only about other techniques in art, but my culture in general to be a better steward for the Choctaw Nation," Cavin said. "I am just a kid from Chickasha who worked hard at what he loved and got pretty lucky along the way.

To view many of Cavin's creations and keep up with his progress in the studio visit www.theartofdylancavin.com .

Picadillos

Cooking with USDA Foods

Furnished by the C&A Food Distribution Program

2 tsp cumin
1 ½ lbs ground beef
1 ½ tsp ground coriander
1 large onion chopped
salt & pepper to taste
1 green bell pepper
¼ tsp Tabasco sauce
2 cloves garlic minced
2 Tbsp vegetable oil
½ cup apple juice
1 lb potatoes (about 2), peeled, cut into ½ inch pieces
1 15oz can diced tomatoes
½ cup raisins
2 Tbsp ketchup
½ cup quartered pitted green olives

In a large frying pan cook the ground beef until no longer pink. Add the onion, bell pepper and garlic and cook stirring occasionally until starting to soften, about 3 minutes. Stir in the apple juice, tomatoes, ketchup, cumin, coriander, salt and pepper, and Tabasco sauce; bring to a boil. Reduce the heat and simmer, covered, for 15 minutes. Meanwhile in a large nonstick frying pan heat the oil over moderately high heat. Add the potatoes and cook, stirring occasionally until golden brown, 8-10 minutes.

Add the potatoes, raisins and olives to the meat mixture. Cook covered until the potatoes are just done, about 10 minutes longer.

Submitted photo

Dr. Henrietta Mann was awarded a "Lifetime Legacy Award" on May 30, 2013 during the Native American Student Advocacy Institute conference in Missoula, MT.

BRIEFS

National Congress of American Indians Mid-Year Conference

June 24-27, 2013 at the Atlantis Casino, Resort and Spa in Reno, Nev. For more information visit www.ncai.org.

Tribal Secretaries and Administrative Support Staff Training Seminar

June 25-26, 2013 at the Flamingo Hotel and Casino in Las Vegas, Nev. For more information call (202) 642-4724 or visit www.nativeamericanconsulting.com.

The 37th annual UNITY Conference

July 12-16, 2013 at the Marriott Warner Center in Woodland Hills, Calif. For more information visit www.unityinc.org.

Payroll Tax Management for Tribal Organizations

July 15-16, 2013 at the Westin in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Internal Controls for Tribal Organizations: Protecting Your Tribes' Financial Assets

July 16-17, 2013 at the Westin Hotel in Las Vegas, Nev. For more information visit www.falmouthinstitute.com.

National Native Media Conference

July 17-21, 2013 at the Tempe Mission Palms Hotel in Phoenix, Ariz. For more information visit www.naja.com.

Leadership Skills for Native Women

July 17-18, 2013 at the Westin in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

18th Annual National Gathering of Tribal Drinking Water and Wastewater Professionals &Tradeshow

July 17-19, 2013 at the Little River Casino Resort in Manistee, Mich. For more information visit www.nawainc.org.

The National Indian Justice Center's 13th annual For All My Relations-A Conference for Indian Families

July 18-20, 2013 at the Anaheim Marriott (near Disneyland Resort) in Anaheim, Calif. For more information visit www.nijc.org.

The third annual EUCI Conference-Energy Development on Tribal Lands

July 22-23, 2013 at the-Hilton San Diego Bayfront in San Diego, Calif. For more information visit www.ncai.org.

The 42nd annual American Indian Physicians Health Conference-Promoting Wellness in Native American Communities

July 29 - Aug. 4, 2013 in Santa Clara, Calif. For more information or to register visit www.ncai.org.

Indian Child Welfare Training

Aug. 20-21, 2013 in Portland, Oregon. For more information or to register visit www.ncai.org.

EATING well for DIABETES

Buffalo and Nutrition

By Tara Conway, MS, RD/LD, CDE
C&A Diabetes Wellness Program

Five reasons to include buffalo into your diet:

Low in fat.

Low in cholesterol.

High in protein.

Rich in flavor and has essential fatty acids, (Omega 3 and Omega 6).

Compatible to the genetics of Indian people.

Buffalo can be more expensive compared to beef and pork, but has good health benefits. Buffalo is lower in fat, you can tell by the color as there are no streaks of marbling. It cooks faster than beef and does not shrink.

Omega 3 and 6 fatty acid has been shown to improve blood cholesterol, therefore helping prevent heart disease.Buffalo has 93 calories per serving and 1.8 grams of fat compared to beef at 183 calories and 8.7 grams of fat. Chicken and turkey have 140 and 125 calories, both contain 3.0 grams of fat.

How to cook buffalo? The more tender the cut of meat the cooking methods would be dry heat such as broiling, roasting or grilling. Tender cuts of meat include tenderloin, strip loin, rib eye, sirloin, brisket, flank, tri tip and ground buffalo. The less tender cuts of meats such as stew meat, top and bottom rounds, eye of round, osso buvo, shot and back ribs should be cooked using a moist heat such as braising, pressure cooking, stewing or slow cooker.

Remember buffalo should be cooked at a lower temperature. Low and slow as some would say. Cooking buffalo meat at a lower temperature keeps the meat from becoming tough. It is best to cook buffalo at 275 degrees until the internal temperature reaches 155 to 170 degrees farenheit.

When we look at our ancestors they were very active, ate foods that were high in fiber, low in fat and sugars. Fruits and vegetables were eaten often. They ate food in healthy portions and maintained a healthy weight.

The Diabetes Wellness program has buffalo meat available to tribal elders and persons diagnosed with diabetes.

For more information contact the Diabetes Wellness Program at (800) 247-4612 ext. 2785.

Source: Inter Tribal Buffalo Council http://itbcbison.com/education/eduresource.

El Reno Indian Clinic

continued from page 1

Center, both part of the Clinton Service Unit, are allowing for walk-ins to accommodate as many patients as possible. Patients are also encouraged to access any IHS facility that may be more convenient for them.

Of primary concern to many patients is the distribution of their medications. All patients are being asked to contact the Clinton Indian Health Center Pharmacy for their refills. At this time, medications can be either picked up at the Clinton Indian Health Center Pharmacy or patients may sign up for the mail order refill program.

Status updates will be available on social media at http://www.facebook.com/ocaihs. Additional questions may be directed to the Clinton Service Unit CEO, CAPT Carmen Clelland, at (580) 331-3300, and to the Public Information Officer, Kala Rodgers, at (580) 331-3477.

Anyone experiencing psychological distress as a result of the tornados that have swept through Oklahoma can call the national toll-free Disaster Distress Helpline at (800) 985-5990 at any time. The Helpline, which is confidential and multilingual, can also be accessed online at http://disasterdistress.samhsa.gov/ and TTY for deaf and hearing impaired at (800) 846-8517.

Exam room destroyed by tornado at the El Reno Indian Clinic.

New Website collects aid for Native victims of recent Oklahoma tornadoes

By Brian Daffron

Photo by Mike Dubose, Oklahoma Indian Missionary

More than 50 Native American families were affected by the recent tornadoes through Oklahoma, including 20 whose homes were blown away.

The lives of at least 50 Native families have been turned upside down, many of them literally, by the tornadoes that devastated Oklahoma in May. One of the many groups reaching out to help is coordinating and sending aid directly to Indian families affected by this disaster.

As another tornado tore through El Reno, Yukon and south Oklahoma City on Friday May 31, also touching down in Moore, still reeling from the devastating May 20 tornado that killed 24, Native people from throughout Indian country were already reaching out to help their fellows.

The El Reno Indian Clinic, which lies within the Cheyenne and Arapaho tribal jurisdiction, was also damaged in the storms. None of the 42 fatalities reported, 18 people including three well known storm chasers doing research, perished in Friday's five tornadoes, were American Indian. More than 20 American Indian families lost their homes in the May 20 tornado alone, according to the National Museum of the American Indian in Washington, D.C., from tribes including Arapaho, Cherokee, Choctaw, Comanche, Delaware, Jicarilla Apache, Kickapoo, Kiowa, Pawnee, and Shawnee.

While several individual tribes are offering aid, a new group has sprung up to channel aid directly to Indian families themselves. At Trails of H.O.P.E. (Helping Our People Earnestly), people can donate directly to Native American families.

The website is the idea of Oklahoma City area social worker, Cortney Yarholar, who is of the Sac & Fox, Creek, Pawnee and Otoe tribes. He was inspired, he said, by words he had been told while growing up.

"Don't ask for permission," his family elders often told him. "If you see something that needs to be done, just go do it."

Yarholar's wife is from Moore, so he had seen firsthand the aftermath of both the 1999 and 2003 tornadoes that had hit the area. Her family had lost their home both times. He also knew that although FEMA and the American Red Cross handled immediate relief needs, these types of government and non-profit organizations are not always there for the long term. To fill this gap, Yarholar collaborated with the website Last Real Indians to create Trails of H.O.P.E., which is collecting donations to go directly to the Oklahoma Indian Missionary Conference disaster response committee. The Oklahoma Indian Missionary is the governing body of the American Indian Methodist churches within Oklahoma and exists to assist American Indian disaster victims.

"They're really in it for the long haul, the long term, in helping families rebuild their lives, not only their physical homes but also their lives," Yarholar said.

As of June 3 the site had raised $5,000, said David Wilson, Choctaw tribal member and the conference superintendent of the missionary. The funds are being used to obtain temporary housing and car rental assistance for storm victims. The missionary has also helped funnel grief-counseling referrals through the Oklahoma City Indian Clinic and assisted in cleanup.

"Because of our various connections with the tribes, we usually know what tribes are going to offer, what support we might get from different agencies that the general public might not have access to," said Wilson.

The missionary has received pledges for more support from throughout the country, Wilson said, adding that the group will continue working with both the individuals and tribes affected for as long as is necessary.

"Families have gone in to recover as much as they can," said Wilson. "What we've worked on for the last three or four days is helping folks with temporary assistance, with housing. We'll continue to work with that. We'll begin looking at the rebuilding stage."

Trails of H.O.P.E.'s efforts will not stop with this spate of tornadoes, Wilson said, even when the Oklahoma Missionary moves on as it travels throughout the country to help with other disasters.

"Thinking realistically, there will be another disaster somewhere in Indian Country," Yarholar said. "That way, it will give [the missionary] an opportunity to respond in a timely manner."

Donations to Trails of H.O.P.E. can be made online through the group's website, or by sending checks directly to the Oklahoma Indian Missionary Conference, 3020 S. Harvey, OKC, OK 73109. ATTN: Disaster Relief

Powwows & Events CALENDAR

The 18th annual Oklahoma Indian All-State Basketball Games

June 15, 2013 at the Oklahoma Wesleyan University in Bartlesville, Okla. Girls' game begins at 6 p.m. followed by the boys' game at 8 p.m. For more information contact Sharon Lee or Laryn Bierig at (918) 642-3162.

The annual Father's Day dance honoring George Akeen Jr.

June 16, 2013 at the Concho Community Center in Concho, Okla. Special clown dance contest, trophy for first, second and third place. For more information contact Dale Akeen at (405) 479-1149.

Cheyenne and Arapaho tribes' 2013 Youth Empowerment Conference

June 18-21, 2013 at Southwestern Oklahoma State University in Weatherford, Okla. For more information call (405) 422-7568.

The annual Peoria Powwow

June 21, 2013 at the Peoria powwow grounds, 60610 E. 90 Road in Miami, Okla. For more information call Frank Hecksher at (918) 540-2535 or emailfhecksher@peoriatribe.com.

The 31st anniversary Contest Powwow

June 22, 2013 at the Cox Pavilion, State Fairgrounds in Oklahoma City. Contests in all categories. Gourd dancing begins at noon with an evening meal at 5 p.m. No lawn chairs allowed. For more information contact Jeannelle Coyote at (405) 863-0688.

Lucky Star Casino presents Queensryche

June 22, 2013 at the Lucky Star Casino Event Center in Concho, Okla. Doors open at 7 p.m. Show at 8 p.m. For tickets and information call (405) 262-7612 or visit www.luckystarcasino.org.

Cheyenne and Arapaho tribes' Special Tribal Council meeting

11 a.m. June 22, 2013 at the Concho Community Center in Concho, Okla. For more information call Tribal Council Coordinator, Lisa Martin at (405) 422-7430.

Lucky Star Casino presents Billy Idol

June 24, 2013 at the Lucky Star Casino Event Center in Concho, Okla. Doors open at 7 p.m. Show at 8 p.m. For tickets and information call (405) 262-7612 or visit www.luckystarcasino.org.

The annual Tonkawa Tribal Powwow

June 28-30, 2013 in Tonkawa, Okla. For more information call Miranda Allen-Myer at (580) 628-2561 or email info@tonkawatribes.com.

Murrow Indian Children's Home Benefit Powwow

June 29, 2013 at Bacone College Palmer Center, 2299 Old Bacone Road in Muskogee, Okla. Contest powwow, free admission. For more information call Betty R. Martin or Stella Pepiakitah at (918) 682-2586 or email murrowhomedirector@gmail.com.

Cheyenne and Arapaho R.E.Sp.E.C.T. Program July 4 Festivities

10 a.m. - 3 p.m. July 4, 2013 at the R.E.Sp.E.C.T. ball fields in Concho, Okla. Coed mud volleyball (register by July 1), horsehoes (singles and doubles), waterslides, 3-on-3 basketball (all ages), and fireworks drawings. For more information call (800) 247-4612 ext. 27570 or 27585.

Lucky Star Casinos 4th of July Celebrations

July 4, 2013 at the Lucky Star Casino in Concho, Okla. Family activities, 5 p.m. the day of July 4 with fireworks display at dusk.

July 5, 2013 at the Lucky Star Casino in Clinton, Okla. Family acitivities, 5 p.m. the day of July 5 with fireworks display at dusk. For more information contact Freddie Ramirez or Alisa Guzman at (405) 262-7612.

The annual Quapaw powwow

July 4, 2013 at the Quapaw powwow grounds, 4581 South 630 Road in Quapaw, Okla. For more information call Everett Bandy at (918) 542-1853 or email ebandy@quapawtribe.com.

Northern Cheyenne 4th of July Chiefs powwow celebration

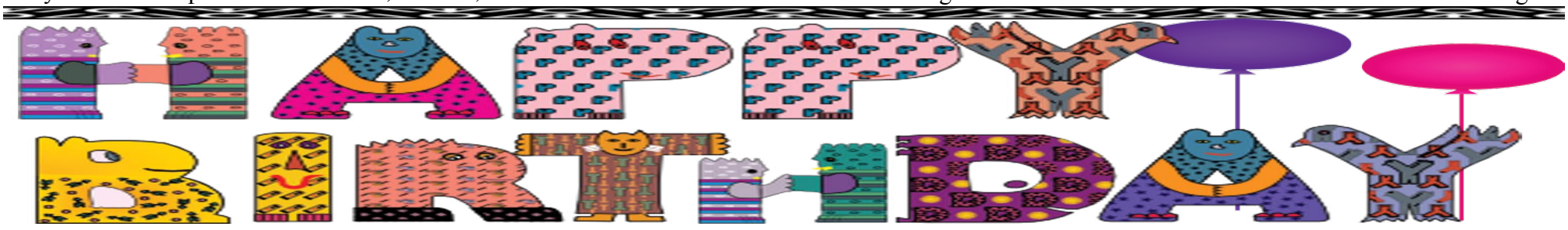
July 4-7, 2013 at the powwow grounds in Lame Deer, Mont. Various dance contests, singing contest, drum split, hand drum contest and handgame tournament. For more information contact L. Jace Killsback at (406) 477-4857. For vendor information contact Melissa Fisher at (406) 477-4866.

The third annual Native Re-Vision's All-Star Football Classic

July 6, 2013 at the University of Texas in Arlington. For more information visit www.nativerevision.org.

Indian Hills powwow

July 26-28, 2013 at 9300 N. Sooner Road, one-quarter mile south of Britton Road in Oklaoma City. Grand Entry at 8 p.m. Sponsored by the Oklahoma City Indian Club. For more information contact Verdina Kodaseet at (405) 201-1283.



Happy 7th Birthday
Carley
July 2
We love you, mom
and Christian

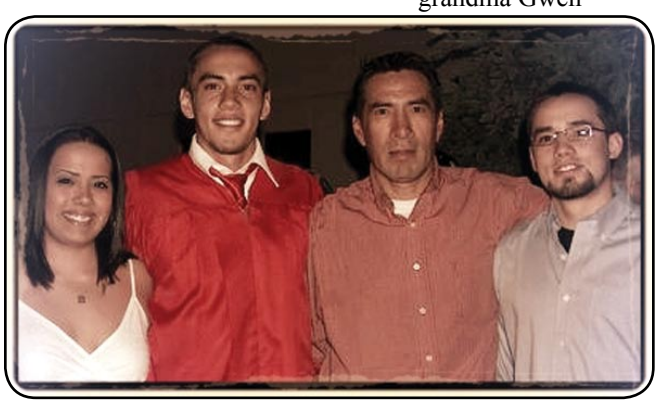
Happy 12th Birthday
Madison Ella
June 24
We love you, mom, dad,
sisters, grampie and
grandma Gwen

Happy Birthday
Jinxie!
June 5
We are so proud of you
and all your
accomplishments
Thank you for all that
you do
God bless you
Love your family,
the Grays

Happy 5th Birthday to my
handsome little man
Donovan Pleets
Love, momma and Farrah

Happy Birthday
Jodi Ellen White Buffalo
June 13
Wishing for you to hit the
jackpot on your day!
We love you sister and are
proud of you on how much
you have accomplished on
your own. Keep it up!
You will continue to go far!
Bunch of candles on that
cake!!
Love your brothers, mom
and all your sisters, Milford,
Dustin, Cheri, Terri, Tracy,
Janice and Tia all the White
Buffalos and Fletchers

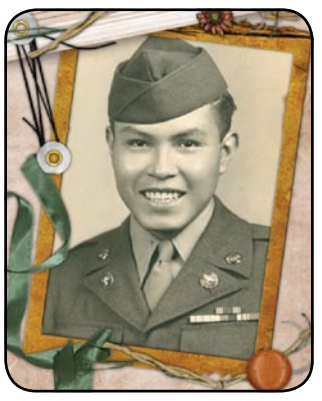
Do you remember when you
wanted to change your name
to Willey? Your excuse at
that age was legit, but we
still called you Clifford. I
remember when you found
out I was getting married
and you bought me a ring.
I guess you thought Efrain
wouldn't give me one. I
still have that ring, but if
I wear it on my finger it
will turn green. As long as
I can remember Clifford,
you have been aware of
everything and so very
sweet to everyone. The
Creator blessed us all when
he fixed your infant body
and allowed you to join us
here on earth. I love you,
Clifford "Blake" Lavern
LittleBird
Happy Birthday!
May you continue to bless
us with many more
June 25



Happy Birthday
Donny Blackwolf
Love you pops, Kris, Conley, Todd,
Donovan, Farrah and Caden

Happy Birthday to my
sister at Mable Bassett,
Angie "Freezy" Bigfoot
Keep your head up
True soldiers
never
look down
Love and
respect,
M. Osage

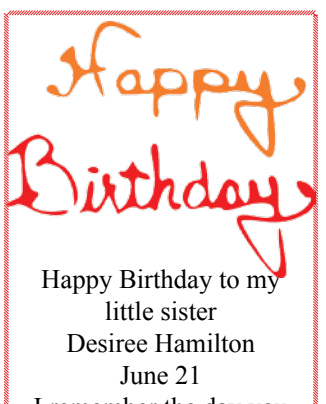
Happy Birthday
White Mike
June 12
You are still a brother to
us and always will be even
though your really old!
Have fun
when you
celebrate!
Jerrie, Terri
and Tracy



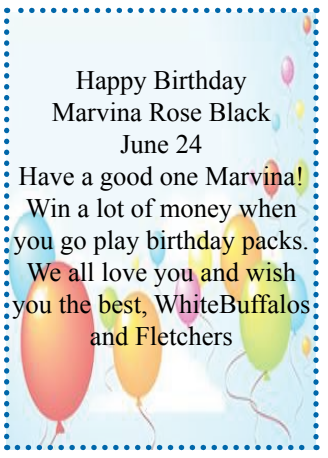
Happy Father's Day
tribute to father
and grandfather
William H. Antelope
U.S. Army, 82nd Airborne,
Korean Conflict
From daughter, Wilma A.
Jackson and grandsons
David, Chad and
Derrick Deere

Happy Birthday to my girls
Myra June 16 and
Tory June 12
I love you and miss you
both so much. May Ma'heo
continue to watch and keep
you both.
Love mom and nana

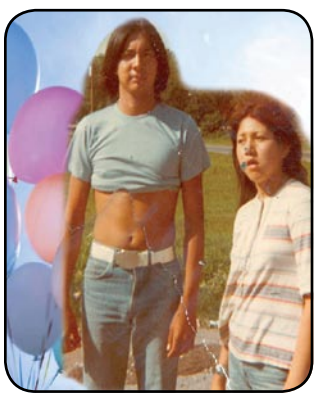
Happy Birthday Terri Jean
June 27
Happy Birthday to me! Oh
and Robert John
and Wanda Bird … Not to
forget! To us!



Happy Birthday to my
little sister
Desiree Hamilton
June 21
I remember the day you
were born and now you
are turning into a beautiful
young lady, 14 yrs old! I
love you so much sister
and don't you dare be wild
and out because I got my
eye on you! Love always
and forever, your big sister,
Leah and your nieces
Cayli, Carlina and nephew
little GP

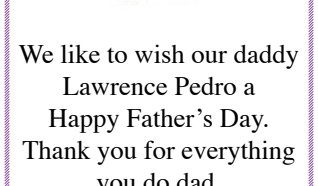


Happy Birthday
Marvina Rose Black
June 24
Have a good one Marvina!
Win a lot of money when
you go play birthday packs.
We all love you and wish
you the best, WhiteBuffalos
and Fletchers



Happy Birthday
Nick Noggles
Back in the day!
June 8
Oh man!
Just sitting thinking about
when we were 'partners in
crime' back in the day.
Remember when we ran
the stoplight? No vehicle in
sight that time of morning.
Then we went to Concho
and hit the snow going
down the tree rows and
hit all them trees. Both of
us were laying in the seat
with you still hanging on
to the steering wheel. We
busted up auntie Jones's
windshield. Boy that was
trouble for you! We had a
lot of fun Nick. Remember
when we snuck off to 49 at
the trash pile walking but
didn't see big foot? Just
wanted to wish you a happy
one! It was a lot of fun for
us back in the day!
Love you cuz, Terri Jean

We like to wish our daddy
Lawrence Pedro a
Happy Father's Day.
Thank you for everything
you do dad.
Love you always, Cayli,
Gregory and Carlina.



Happy Fathers day to my
dad Crazy Horse
So thankful you are in my
life and my children's lives
Thank you for everything!
Love you always and
forever, Leah Marie, Cayli,
Gregory and Carlina.

Sunrise: Nov. 4,1981
Sunset: May 5, 2013

Manuel Anthony Rodriguez, known to family as "Manny", 31 years of age passed away on May 5, 2013 at St. Joseph's Hospital in Stockton, Calif. Manny was surrounded by his family when he passed. Manny spent his entire life in Stockton, Calif. He graduated from Bear Creek High School in Lodi, Calif. After high school he trained at Delta Community College in fire science and served as a volunteer for the Stockton Fire Department.

He loved to play golf, basketball and video games. Manny enjoyed watching sports, especially the Lakers and Cowboys, he enjoyed movies and collecting comic books.

He is survived by his parents Peggy White Tail and Gildardo Contreras Rodriguez, and brother Mario White Tail of the home all of Stockton, Calif. , several aunts and uncles from Arizona, California, Illinois and Oklahoma, Hailman White Tail Jr., Carole Curtis, Andrew Curtis and Winnie White Tail and Spencer Mendivil, also his sisters Irene Martin and Chrissy Mendivil and his brother Carlos White Tail Mendivil. Also his brother in law Nathan Martin. Several nieces: Anyiah White Tail, Naleigh White Tail Mendivil, Keilani Tahah and his nephew Kayne Quintana.

Manny's grandparents were Hailman White Tail Sr. and Beverly Wilson, both deceased. Maria Contreras Rodriguez and Manuel Rodriguez of Mexico, both deceased.

His great grandparents were Ralph White Tail and Pauline Howling Crane White Tail. His great grandfather was an Arapaho Chief and a ceremonial leader among the Cheyennes. His great grandmother was a noted Cheyenne bead worker.

The family of Manny wish to say thank you to the Cheyenne and Arapaho tribes Burial Assistance office, Jerri Oglesby, Casita Bonita Funeral Home and their staff who helped us during this sorrowful time.

Happy 6th Birthday to my angel in heaven
Khristian Pleets
We all love and miss you so much baby
Gone but never forgotten

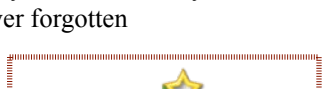
Back in the Day

Long ago Great Grandmother serenaded Great Grandfather with tootles from his flute. She listened and entered into cahoots with love's plan to win her hand Shall he ride up and snatch her away?

(Tempted by the way she sashays) Or with his best horse shall he pay?

For Great Grandmother's love his heart did sway. To give he thought was a better way That was Indian love, back in the day.

David Kaw



Congratulations
to my angel baby,
Carlina Hamilton
for being on the
Principal's Honor Roll
at Darlington!
I am so proud of you
girlfriend!
Luv always momma

THE ADVENTURES GOVETSE & KOO'OH
DREAM, BELIEVE & ACHIEVE !!
ARE YOU GOING TO THE YOUTH CONFERENCE IN JUNE?
YOU BET!
I'VE ADOPTED ITS MOTTO...
ÁVOONÊSTSE, ONÉ'SEÓMETÁNÔTSE, HOTAMÉSTÔTSE!
YOU'RE SAYING IT WRONG... IT'S BIIBIJEH, HÍ3OOWÚ3ECOO, CEESTÓWOO!
HERE'S WHAT GOVETSE ("GO VITS"; FUNNY MAN) AND KOO'OH ("KAW AW"; COYOTE) SAID:
CHEYENNE: ÁVOONÊSTSE (A VONS Z) = DREAM; ONÉ'SEÓMETÁNÔTSE (ON I'SI O MI TANZ) = BELIEVE; HOTAMÉSTÔTSE (HO DA MISZ) = ACHIEVE
ARAPAHO: BIIBIJEHÍ (BEE BITH EH HIH) = DREAM; HÍ3OOWÚ3ECOO (HITH AW WOO THEH CHAW) = BELIEVE; CEESTÓWOO (CHAH STOH WAW) = ACHIEVE
MORE ADVENTURES OF.....
GOVETSE & KOO'OH
COMING SOON !!!

CLASSIFIED SECTION

Employment:

Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver's license and a copy of CDIB to Personnel Department, P.O. Box 38, Concho, Okla. 73022 or email whaag@c-a-tribes.org.

Substitute Teacher Aides-Head Start
Concho, Clinton, Canton
Closing Date:Continuous

Qualifications:

High school diploma or G.E.D. certification and minimum of one year experience working in an early childhood education classroom; or an equivalent combination of training and experience with willingness to obtain additional training and/or obtain additional training/or CDA or state certificate as requested. Use positive approach in directing and redirecting child behavior. Current Childhood Emergency/CPA or First Aide/CPR certification or the ability to obtain one and CDL.Obtain and hold current food handler's card or the ability to obtain one. Maintain compliance with Criminal History Registry and agrees to random drug testing. Must complete supplemental application. Must complete OKDHS criminal review application. Must pass background investigation.

SALARY: Negotiable

CHR Van Driver-F.T.
C-A Service Area
Closing Date: Until filled

Qualifications:

Valid Oklahoma driver's license and current driving record from the Oklahoma Department of Transportation. Obtain a current CPR certification. Must reside in or near service area. Must pass physical examination and be in good physical condition. TB Skin Test Required. High School diploma or GED certification required. Satisfy an OSBI Background Check. Must have own reliable vehicle and residential telephone. Cannot have a history of chemical abuse. Must attend training and continuing education requirements. Must be able to communicate effectively with different personalities. Cheyenne and Arapaho preference.

SALARY: Negotiable

Wellness Technician
R.E.Sp.E.C.T.
Open Until Filled

Qualifications:

High school diploma or GED certification required. Valid Oklahoma driver's license and reliable transportation. Must have an active background in sports, recreation and exercise. Must have the ability to interact and communicate with varied educational levels. Must have at least one year of experience working in the sports, recreational or exercise fields. Must be knowledgeable of and sensitive to the tribal member's culture, heritage and beliefs. Good health and physical fitness a plus. Adult and child CPR/First Aid certificate required. Must be able to perform professionally and culturally in an appropriate manner. Cheyenne and Arapaho preference.

SALARY: Negotiable

Teachers-Head Start
Canton, Concho, Clinton
Closing Date:Continuous

Qualifications:

CDA, AA, BA Degree in Early Childhood education and a minimum of two years experience working in an early childhood education classroom or an equivalent combination of training and experience. Early childhood education formal training and able to receive a CDA or an AA degree within 180 days of employment. Must pass drug and alcohol test. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background investigation.

SALARY: Negotiable

Custodian – On call
Watonga Multi-Purpose Center
Open until filled

Qualifications:

Completion of high school or GED certification required. One-year experience in custodial work desirable. Must know methods, materials and equipment used in custodial work. Experience may substitute for education. Ability to follow oral and written directions. Must possess a valid Oklahoma driver's license. Cheyenne and Arapaho preference.

SALARY: Negotiable

The Cheyenne and Arapaho tribal offices will be closed Tuesday, June 25, 2013 in observance of Little Big Horn day.
Offices will reopen on Wednesday, June 26, 2013 at 8 a.m.

TRIBAL TRIBUNE DEADLINES

The 8th and 23rd of each month unless that date falls on a weekend, then it is always the Friday preceding.

HAPPY FATHER'S DAY

2013 CHEYENNE AND ARAPAHO CEREMONY DATES

SOUTHERN ARAPAHO
GREENFIELD, OK
June 3-9, 2013

NORTHERN ARAPAHO
WYOMING
June 24-27, 2013 Rabbit Lodge
June 27-30 Sundance

CHEYENNE CEREMONIES
SEILING:
June 22, 2013 Arrow Keeper moves in.
June 27, 2013 Blue Sky
June 28-30 Arrow Worship

SEILING-HAMMON-CONCHO
July 1, 2013 Kit Fox – Dog Soldiers
July 2, 2013 Bow String-Elk Scrapers
July 3, 2013 Chiefs
July 4, 2013 Lone Tipi
July 5-7, 2013 Sundance

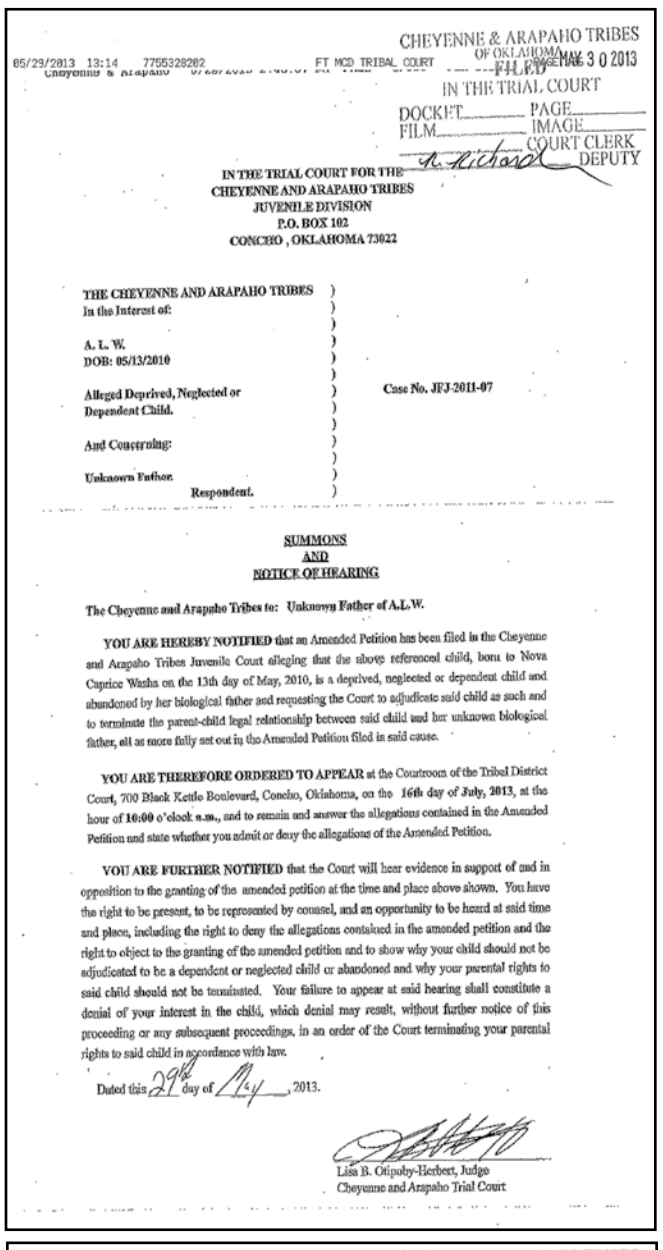
Comments from Cheyenne and Arapaho Housing Authority

The Housing Authority is seeking comments for automatic payroll deductions if you live in a home or other property managed by the Housing Authority. The Housing Authority is considering passing a resolution that will require all tribal employees, casino employees, or any other tribal member employed by the tribe's enterprises for automatic payroll deduction. We believe it is in the best interest for the homebuyer.

1. You will never be late on your house payment.
2. You will never receive letters that you are late.
3. You will never receive an eviction notice.
4. You will receive your ownership of your home faster.
5. You will never miss your house payment once you get used to it being automatically withheld.
6. You will have peace of mind because you know you will not lose your home due to arrearages.

We take every possible action not to evict our tribal members, but you as a homebuyer need to uphold your part in the mutual help home agreement, or rental agreement.

Please contact Damon Dunbar at (580) 323-4877 if you have comments, or you can email him with your comments to damon.dunbar@c-a-tribes.org.



CHEYENNE & ARAPAHO TRIBES
OF OKLAHOMA
FILED
MAY 30 2013
IN THE TRIAL COURT
DOCKET____ PAGE____
FILM____ IMAGE____
COURT CLERK
DEPUTY

05/29/2013 13:14 7755328282 FT MCD TRIBAL COURT PAGE 02

IN THE TRIAL COURT FOR THE
CHEYENNE AND ARAPAHO TRIBES
JUVENILE DIVISION
P.O. BOX 102
CONCHO , OKLAHOMA 73022

THE CHEYENNE AND ARAPAHO TRIBES)
In the Interest of:)
)
A. L. W.)
DOB: 05/13/2010)
)
Alleged Deprived, Neglected or) Case No. JFJ-2011-07
Dependent Child.)
)
And Concerning:)
)
Unknown Father)
Respondent.)

SUMMONS
AND
NOTICE OF HEARING

The Cheyenne and Arapaho Tribes to: Unknown Father of A.L.W.

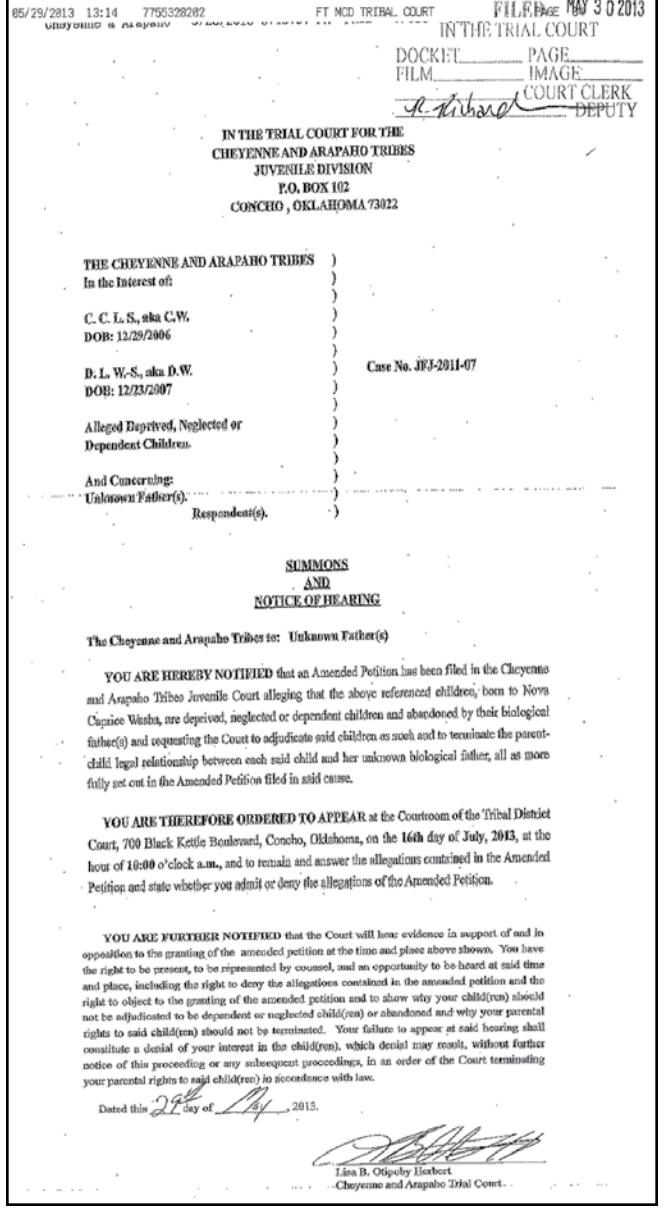
YOU ARE HEREBY NOTIFIED that an Amended Petition has been filed in the Cheyenne and Arapaho Tribes Juvenile Court alleging that the above referenced child, born to Nova Caprice Washa on the 13th day of May, 2010, is a deprived, neglected or dependent child and abandoned by her biological father and requesting the Court to adjudicate said child as such and to terminate the parent-child legal relationship between said child and her unknown biological father, all as more fully set out in the Amended Petition filed in said cause.

YOU ARE THEREFORE ORDERED TO APPEAR at the Courtroom of the Tribal District Court, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 16th day of July, 2013, at the hour of 10:00 o'clock a.m., and to remain and answer the allegations contained in the Amended Petition and state whether you admit or deny the allegations of the Amended Petition.

YOU ARE FURTHER NOTIFIED that the Court will hear evidence in support of and in opposition to the granting of the amended petition at the time and place above shown. You have the right to be present, to be represented by counsel, and an opportunity to be heard at said time and place, including the right to deny the allegations contained in the amended petition and the right to object to the granting of the amended petition and to show why your child should not be adjudicated to be a dependent or neglected child or abandoned and why your parental rights to said child should not be terminated. Your failure to appear at said hearing shall constitute a denial of your interest in the child, which denial may result, without further notice of this proceeding or any subsequent proceedings, in an order of the Court terminating your parental rights to said child in accordance with law.

Dated this 29th day of May, 2013.

Lisa B. Otipoby-Herbert, Judge
Cheyenne and Arapaho Trial Court



CHEYENNE & ARAPAHO TRIBES
OF OKLAHOMA
FILED
MAY 30 2013
IN THE TRIAL COURT
DOCKET____ PAGE____
FILM____ IMAGE____
COURT CLERK
DEPUTY

05/29/2013 13:14 7755328282 FT MCD TRIBAL COURT PAGE 03

IN THE TRIAL COURT FOR THE
CHEYENNE AND ARAPAHO TRIBES
JUVENILE DIVISION
P.O. BOX 102
CONCHO , OKLAHOMA 73022

THE CHEYENNE AND ARAPAHO TRIBES)
In the Interest of:)
)
C. C. L. S., aka C.W.)
DOB: 12/29/2006)
)
D. L. W.-S., aka D.W.) Case No. JFJ-2011-07
DOB: 12/23/2007)
)
Alleged Deprived, Neglected or)
Dependent Children.)
)
And Concerning:)
Unknown Father(s).)
Respondent(s).)

SUMMONS
AND
NOTICE OF HEARING

The Cheyenne and Arapaho Tribes to: Unknown Father(s)

YOU ARE HEREBY NOTIFIED that an Amended Petition has been filed in the Cheyenne and Arapaho Tribes Juvenile Court alleging that the above referenced children, born to Nova Caprice Washa, are deprived, neglected or dependent children and abandoned by their biological father(s) and requesting the Court to adjudicate said children as such and to terminate the parent-child legal relationship between each said child and her unknown biological father, all as more fully set out in the Amended Petition filed in said cause.

YOU ARE THEREFORE ORDERED TO APPEAR at the Courtroom of the Tribal District Court, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 16th day of July, 2013, at the hour of 10:00 o'clock a.m., and to remain and answer the allegations contained in the Amended Petition and state whether you admit or deny the allegations of the Amended Petition.

YOU ARE FURTHER NOTIFIED that the Court will hear evidence in support of and in opposition to the granting of the amended petition at the time and place above shown. You have the right to be present, to be represented by counsel, and an opportunity to be heard at said time and place, including the right to deny the allegations contained in the amended petition and the right to object to the granting of the amended petition and to show why your child(ren) should not be adjudicated to be dependent or neglected child(ren) or abandoned and why your parental rights to said child(ren) should not be terminated. Your failure to appear at said hearing shall constitute a denial of your interest in the child(ren), which denial may result, without further notice of this proceeding or any subsequent proceedings, in an order of the Court terminating your parental rights to said child(ren) in accordance with law.

Dated this 29th day of May, 2013.

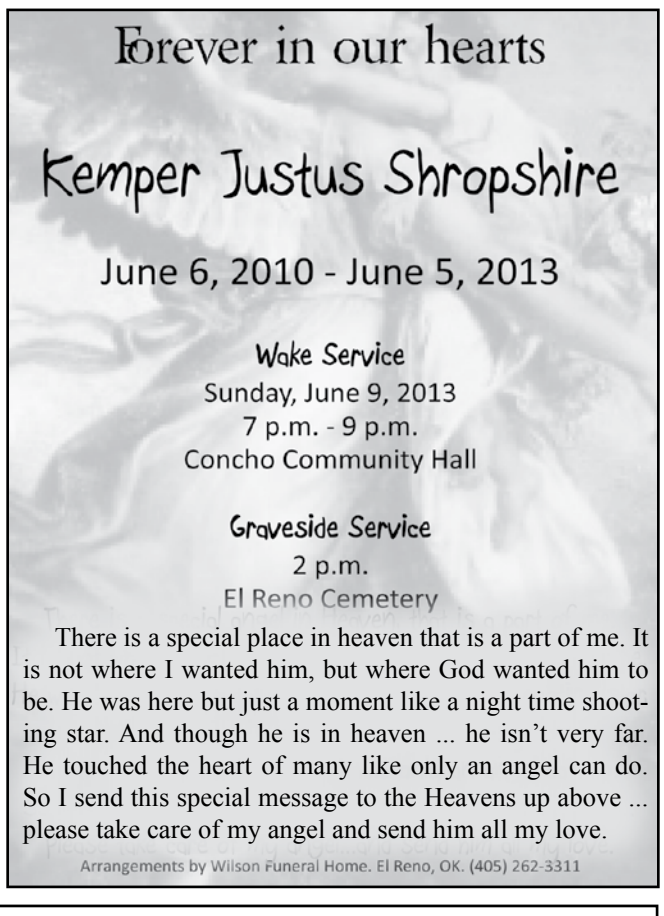
Lisa B. Otipoby Herbert
Cheyenne and Arapaho Trial Court

CULTURE and HERITAGE PROGRAM NOTICE

The Cheyenne and Arapaho Tribes will provide individual assistance for enrolled tribal members who will be participating in tribal ceremonies for 2013.

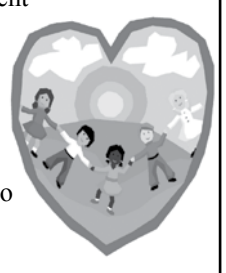
Applications will be accepted at the Cultural and Heritage Program, located in the Concho Community Center, until 5 p.m., June 19, 2013.

Applicants will be notified when assistance is ready. Receipts must be turned in to the Cultural and Heritage Program by 5 p.m. on July 19, 2013.


Forever in our hearts
Kemper Justus Shropshire
June 6, 2010 - June 5, 2013
Wake Service
Sunday, June 9, 2013
7 p.m. - 9 p.m.
Concho Community Hall
Graveside Service
2 p.m.
El Reno Cemetery
There is a special place in heaven that is a part of me. It is not where I wanted him, but where God wanted him to be. He was here but just a moment like a night time shooting star. And though he is in heaven ... he isn't very far. He touched the heart of many like only an angel can do. So I send this special message to the Heavens up above ... please take care of my angel and send him all my love.
Arrangements by Wilson Funeral Home. El Reno, OK. (405) 262-3311

PROGRAM PROFILE

Cheyenne & Arapaho Child Development
P.O. Box 38
Concho, Okla. 73022
(405) 422-7694
(877) 218-7004
Megan Hart, Director
Bernadette Perkins-Center Mgr.-Concho
Charlene Wise-Center Mgr.-Clinton



Mission statement

The purpose of the child care program is to increase the availability, affordability and quality of child services. The Cheyenne and Arapaho tribes child development program offers families access to affordability, high-quality child care where children have the opportunity to develop to their fullest potential in a safe, healthy and nurturing environment, and to prepare children for the future by exposing them to different life skills that will help them grow to become productive individuals.

Program services

1. Childhood development centers

The Cheyenne and Arapaho child development program operates two tribally owned and operated child development centers. They are located in Concho and Clinton Oklahoma. The centers are licensed by the state of Oklahoma Department of Health and Human Services (DHS) and are 2 star facilities.

2. C&A tribal subsidy program

the child care program administers a wide array of child-care services through the Cheyenne and Arapaho tribal subsidy program to low-income families with parents or single parent, who is working or attending training or education program. Parents may choose the type of child care that best suits their needs. The subsidy program also provides technical assistance to providers to assist with maintaining quality of child care services.

Eligibility requirements

1. Child development centers six weeks to 12 years of age, current immunization, birth certificate and completed application

2. Tribal subsidy program, income guidelines (sliding fee scale), working or in a training or educational program, child is an enrolled federally recognized Indian, reside within 11 county service area; Beckham, Blaine, Canadian, kingfisher, roger mills, Washita, Woodward, Custer, Major, Dewey, and Ellis.

In-home care is limited due to budget restrictions…if the preferred child care options is in home; limitations are in place for eligibility. Families must require services for three or more children to be eligible for in-home care.

Staff consists of Vanessa Hart, director, Bernadette Perkins, Concho Center Manager

Charlene wise, Clinton Center Manager

Agnes Littlehawk, Intake Specialist

Contact information direct: (405 422-7661 (Concho) 580-323-2363 (Clinton) toll free: (877) 218-7004 fax: (405) 262-5824 (Concho) 580-323-1953 (Clinton) hours of operation 7 a.m. to 6 p.m. Monday thru Friday.

Oklahoma Indian Nation powwow committee announces 2013 Princess Royalty

Tiny Tot Princess-DanyElla Carlyze RedShin

DanyElla RedShin is 4 years old and resides in Clinton, Okla. DanyElla's parents are Nellie RedShin and Richard Slinkey. Maternal grandparent is Ronda RedShin, great grandparents are Ervin and Bernice Bull. DanyElla is Cheyenne, Arapaho and Navajo and attends Nance Elementary where she is in Pre-K. She enjoys dancing, reading, coloring and spending time with her family.

Little Miss Princess-Tina Mae Ortiz

Tina Mae Ortiz is 7 years old and resides in Geary, Okla. Tina is the daughter of Sofia Sandoval and Evan Ortiz. Grandparents are Donna and Jaime Sandoval, Bruce Whiteman and Audrey Ortiz.

Tina is enrolled with the Laguna Pueblo but is also of Cheyenne and Arapaho descent. Her Arapaho name is Nihooteibeihii, "Butterfly" and her Cheyenne name is Mokehemeonae, "Elk Road Woman".

She attends Darlington Elementary School where she is in the 1st grade, where she received the Best Citizen Award and was on the principal's Honor Roll. Tina enjoys dancing, playing basketball and baseball.

Junior Miss Princess-Kenzie Wendalyn Naranjo

Kenzie Wendalyn Naranjo is from Clinton, Okla., whose Indian name is Whirlwind Woman.

She is the 10 year old daughter of Nizhoni and the late Kevin Naranjo. Her maternal grandparents are the late Patricia Fletcher-Slinkey and the late Richard Slinkey Jr and maternal great-grandparents are the late Samuel and Angeline Fletcher.

Paternal grandparents are Verl and Velva Fulsom and parental great-grandparents of Ervin and Bernice Bull.

Kenzi attends Southwest Public school as a 4th grader, where she is a straight "A" student and loves to read. Kenzie likes to play softball, basketball, and participates in gymnastics. Kenzie enjoys attending powwows and is also a fancy shawl dancer. Kenzi is Cheyenne, Arapaho and Navajo and she is very proud of her heritage and her culture. She is honored to serve as the Oklahoma Indian Nation's Junior Miss Princess.Congratulations to the 2013 Oklahoma Indian Nation Pow-wow Royalty! We will be honoring the 2012 Outgoing Royalty: Senior Miss/Marley Black; Junior Miss/Jaylin Reveles, Little Miss/DoreneAllyn WhiteHorse.

Senior Miss Princess-Evana "Evy" Charlene Wilson

Evana "Evy" Charlene Wilson, age 15, resides in El Reno, Okla., with her parents Sunny C. Wilson and William Elledge. She has six sibllings, Elijah, Ethan, William, Xavier and Sasha.

Evana was given her great-grandmother, Elizabeth PrairieChief-Thunderbull's Cheyenne name, Tanosu, "Down Woman" and is very proud to carry this name.

Evana's grandmother is Yvonne Pedro Wilson, maternal great-grandparents are the late Eileen Penn Pedro and the late William Lee Pedro. Her maternal great-great grandparents are William Pedro and Jennie Lumpmouth Pedro and Bill Penn and Nellie Nadean PrairieChief Penn.

Her grandfather is Robert K. Wilson Sr. Her paternal great-grandparents are the late Mary Blackwolf and the late Woodrow Demars Wilson. Her paternal great-great grandparents are Annie Maske and Rollin Blackwolf and and Minnie Goodbear Wilson and Alfred Wilson.

Evana will be a junior at Calumet High School where she is an excellent student.

She enjoys playing basket ball, softball, hanging out with friends and family, and cheerleading. She enjoys country music and Justin Bieber and is employed by Snoflakes.

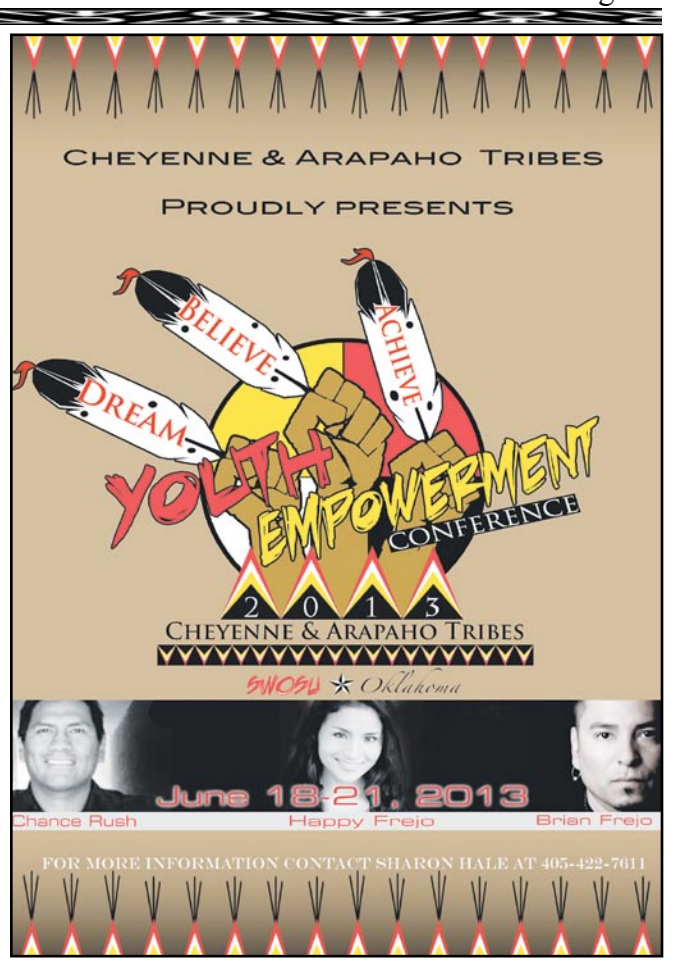
Evana attends her Cheyenne traditional ceremonies and is honored to serve at the Senior Miss Princess for the Oklahoma Indian Nations.

Above-Oklahoma Indian Nation's 2013 Senior Miss Princess, Evana Charlene Wilson.

Right-2013 Little Miss Princess, Tina Mae Ortiz.

Not Pictured- 2013 Tiny Tot Princess, DanyElla Carlyze RedShin and 2013 Junior Miss Princess Kenzie Wendalyn Naranjo.

Photos by Rosemary Stephens



Cheyenne and Arapaho Tribes Youth Empowerment Conference
For Cheyenne and Arapaho Youth and CDIB II Youth.
June 18-21, 2013
SWOSU, Weatherford, OK
AGENDA
WORKSHOPS
SPORTS NIGHT TO INCLUDE 3 ON 3 BASKETBALL TOURNAMENT
CULTURE NIGHT - POW WOW
TALENT SHOW
YOUTH DANCE
GUEST SPEAKERS
PRIZES
GAMES
C-A Challenge Bowl
FUN!
Come join us for an exciting youth camp full of activities and fun.
Participants of this camp will
leave feeling more empowered and motivated to achieve their dreams and life goals. Youth will learn more about their Cheyenne and Arapaho language and culture and meet other youth from around the state.
Conference MC's: Brian and Happy Frejo
Special Guest: Chance Rush
Antoine Edwards and Butchie Eastman, Hand Drum Musicians
June 18-21, 2013
Chance Rush
Happy Frejo
Brian Frejo

WE'VE GOT YOUR GAME!
WEEKLY SLOT TOURNAMENTS
Free Play Frenzy
Every Thursday | Noon-11pm
12 Rounds for a share of over $2,900 in Free Play.
Everyone walks away a winner!
$5,000 Cash Crazy
Every Saturday | Noon-11pm
12 Rounds for a share of over $5,000 in cash and prizes!
Everyone walks aways a winner!
$5,000 FAST FRIDAYS
Play to win your share of $5,000 in cash and Free Play!
Fridays Noon-Midnight
15
Hot Seat Drawings every 15 minutes!
UPCOMING ENTERTAINMENT
QUEENSRŸCHE
June 22 ★ CONCHO
Upcoming Shows:
BILLY IDOL June 24 CONCHO
WHITESNAKE July 13 CONCHO
PRICE IS RIGHT LIVE! July 19-21 CONCHO
TREY SONGZ August 9 CONCHO
WEEZER September 13 CONCHO
WAR/CHEECH & CHONG/TOWER OF POWER
November 9 CONCHO
Tickets available at Lucky Star Casino Box Offices, online at Ticketstorm.com or by phone at 866-966-1777.
7777 North Hwy 81 • Concho, OK 73022 • 405-262-7612
101 N. Indian Hospital Rd. • Clinton, OK 73601 • 580-323-6599
301 NW. Lake Rd. • Canton, OK 73724 • 580-886-2490
1407 S. Clarence Nash • Watonga, OK 73772 • 580-623-7333
LuckyStarCasino.org
/LuckyStarCasinos
@WeGotYourGame
Subject to change. See casino for official rules and details. Management reserves all rights. ©2013 Lucky Star Casino
Lucky Star CASINO
CONCHO • CLINTON • CANTON • WATONGA
An Enterprise of the Cheyenne and Arapaho Tribes

First Native American lacrosse player named as a Tewaaraton finalist

By Vincent Schilling

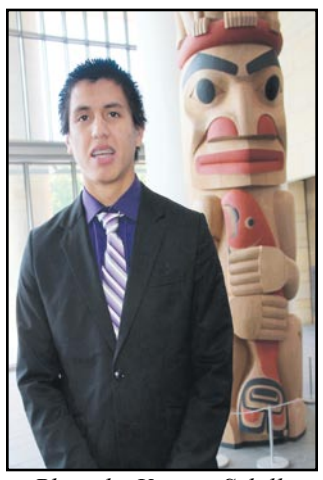


Photo by Vincent Schilling

Lyle Thompson at the National Museum of the American Indian.

Lyle Thompson just may be the best Native American lacrosse player playing today.

On May 30, 2013 he was in Washington, D.C., for the 13th annual Tewaaraton Awards presentation. Though Rob Pannell of Cornell took home the trophy, awarded annually to the top male and female collegiate lacrosse players in the U.S., Thompson says he was honored to be among the five male finalists. He is the first Native American to be named a Tewaaraton finalist.

A member of the Onondaga Nation, Thompson was named the America East Player of the Year, a first team All-American and took home the 2013 United States Inside Lacrosse Association Lt. Col. J.L. (Jack) Turnbull Award for being the top NCAA Division I attack man this year. Thompson, only a sophomore at the University at Albany, led the nation in scoring this season, racking up 113 points on 50 goals and 63 assists, which was two points shy of breaking the all-time NCAA record set by Steve Marahol (114 points in 1992). He was the nation's leader in points per game with 6.65, which is the 13th highest point per game for an individual in NCAA history.

One thing that makes Thompson's time even more special at University of Albany is that he gets to play with family, brother Miles and cousin Ty. The Thompson Trio was a special attack group overall this past season Lyle, Miles and Ty tallied the nation's highest point total as a starting attack group with 259 points.

How long have you been playing lacrosse?

I don't know, I was maybe two or one when I started. I look at my nephew, my brother's son, and he is already trying to scoop up a ball and passing it. He is only 18 months. I have been playing organized lacrosse since I was seven years old. But, as soon as I could pick up a lacrosse stick and I could walk, I was playing around with my stick, and throwing the ball around with my brothers.

Is lacrosse more than a game?

Every game I play, I am thinking about traditions, the Creator and why I am playing this game. Before every game and after every game I am just thankful to be playing the Creator's game.

Do you attribute any of your lacrosse success to being a Native American?

I think it is more about when you're growing up and you are playing lacrosse your whole life, it is more just that than being Native American. I guess, in a way it is an advantage because to us it is a lifestyle and not just a game.

How does it feel to be named one of the top five male collegiate lacrosse players in the country?

It is just an honor and I never really thought about how big of a deal this is. Once I came into this museum and began looking around at all of the other Native American stuff here, it makes me realize this is big and it is an honor just to be a finalist. Just looking at it and knowing it is Native American art...it just means more to me now.

Have you had a chance to reflect on your season?

I was just thinking about my year, and the other day I was talking about it with my brother and getting All-World best midfielder [editor's note: Lyle was named to the All-World Team at the Federation of International Lacrosse 2012 U19 World Championships, at which he helped lead the Iroquois Nationals to a phenomenal bronze medal-winning result, beating the U.S. along the way] and coming here and just processing what I have accomplished this year, I am just grateful and honored to play the game and be here.

Courtesy photo

In addition to starring at UAlbany, Lyle Thompson is an Iroquouis National. He competed on the Nationals U19 squad that took bronze at last year's world championships.

Do you have any words of advice for young lacrosse players just getting started?

I kind of took this from Michael Jordan, but, "learn to love the game." Once you love the game, it just takes you on to another level of accomplishments and you try harder. It is just more than a game when you love it, and you love it so much that you are willing to do anything to have fun and be successful.